

Leeds CINAGE Conference & Film Festival

An example of how creative joy can be shared

In July 2015 in Leeds, United Kingdom, **The Northern Film School at Leeds Beckett University** hosted the CINAGE Conference & Film Festival bringing together filmmakers, researchers and film producers from all over Europe. Delegates and participants travelled from Portugal, Italy and Slovenia to meet their UK counter parts, all of whom were burning to exchange their experiences of filmmaking with CINAGE and to discuss some of the broader questions posed before the whole process began, such as: *Can cinema be a useful tool to share experiences of active ageing? Can making short films be a way of bringing together communities?*

The shared experience of participants of the CINAGE Conference was that cinema can, and has, broadened perceptions about old age. A major part of this are the tools participants were given, as part of the CINAGE project, to convey messages about active ageing to the wider community. This has powerful resonance in a society which is heavy with social media and image saturation. Older adults have well developed cognitive abilities, so are in the perfect position to capitalize on their powers of expression and share their experiences through film.

Expression through cinema is socially inclusive, giving older people the opportunity to express themselves, gain new knowledge and build communities. CINAGE participants agreed that this project engaged them both emotionally and socially, as they created work with their peers and younger people. All of which enabled them to create a larger sense of community and increase their understanding of film and its expressive power.

The twelve short films made by the CINAGE pilot participants were premiered at the CINAGE Film Festival in Leeds, this screening was an important part of the filmmaking process and gave participants a chance to share their work with a wider audience. Two feature films (pertinent to the issue of active ageing) **Mid-August Lunch** and **The Second Best Marigold Hotel** were screened in the evening, and the opportunity to talk with the director and actresses from **Fabulous Fashionistas** which was also screened during the evening.

Short Film Winners

A Short Film Competition was held at this years Festival in Leeds to recognise those films who were particularly outstanding or who the judges felt had managed to highlight and achieve greater insight into the topic of active ageing.

The winners are:

Best film: *Out of Tune*

Best Senior Performance: *Lauri Nebel*

Best Senior Filmmaker: *Janet Harrison*





LIGHTS,
CAMERA,
ACTION!

Final CINAGE Workshops

What will they offer?

The final CINAGE Workshops will be held in September/October in Portugal, Italy, the UK and Slovenia and will address three main topics: (1) how to use cinema in older adult education (2) how to use films as a tool to support active ageing and (3) how to use personal stories to develop a short film. The workshops will be a great opportunity for anybody who is interested in film pedagogy, active ageing and film producing.

The twelve short CINAGE films will be screened from the pilot action. There will be discussion with filmmakers and the workshops will provide for a wider visibility and recognition of the CINAGE project.

Who are they for?

The workshops will appeal to adult educators, older learners, education providers, European cinema experts and active ageing stakeholders.

When?

22nd September, at 11 a.m., Slovenian Third Age University. Slovenia. **Get involved!** si@cinageproject.eu

Online registration: <http://cinageproject.eu/si/actions/workshops/registration-si.html>

23rd September, at 10 a.m., Spazio ZUT - Foligno, Italy. **Get involved!** it@cinageproject.eu

Online registration: <http://cinageproject.eu/it/actions/workshops/registration-it.html>

24th September at 4 p.m., Atmosfera m, Aidlearn, Portugal. **Get involved!** pt@cinageproject.eu

Online registration: <http://cinageproject.eu/pt/actions/workshops/registration-pt.html>

1st October, TBC, place: TBC UK. **Get involved!** en@cinageproject.eu

Online registration: <http://cinageproject.eu/en/actions/workshops/registration-uk.html>

The Declaration of Support!

Do you believe cinema and CINAGE are important for stimulating active ageing in today's societies? Do you believe that through enabling older learners to produce their own film it is possible to promote active ageing? Do you think the CINAGE Package enables older people to acquire audio-visual and ICT skills? Do you see the potential in using the CINAGE Package in your educational programmes and/or activities?

If your answer is yes to any of the above, then please, support us by signing the Declaration of Support:

<http://www.cinageproject.eu/en/actions/support/form.html>

If you would like to work with us in the future...

Apply for a CINAGE Course and learn how to shoot your own short film! CINAGE Courses will take place in Portugal, Italy, the UK and Slovenia in 2016. Offering the unique opportunity to be part of the wonderful experience of creating art through filmmaking, promoting active ageing through team work and intergenerational collaboration!

You can ask for details about this grant under the programme **Erasmus +, KA1 activity**. For more information about the CINAGE Course and how to apply for it, please see the following website:

<http://www.cinageproject.eu/en/course.html>

Please follow us on **Facebook**, **Google+** and **Youtube** through which we will endeavour to provide updates and news about active ageing and films!

For further details please visit:

Facebook CINAGE: <https://www.facebook.com/cinageproject>

YouTube CINAGE: <https://www.youtube.com/cinageproject>

Website CINAGE: <http://cinageproject.eu>



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